

## PROFESSIONAL PATH COMPASS

27 - 29 October 2017

Let nature inspire you, reconnect with yourself and gain clarity.

Am I satisfied with my professional life and path? Is it time for a change? What do I want my change to be like?

## Join us and find out!

by Majka Baur & Helene Roselstorfer



## PROFESSIONAL PATH COMPASS

Experience three peaceful and energizing days in the nature of the Swiss Alps to check in with yourself and your professional standpoint.

These three days are designed to offer you space and mental clarity to assess where you stand and provide the framework to make a change.

Days will start out with yoga and will be punctuated by nourishing meals. Throughout the day we offer coaching, visioning and co-creation sessions inspired by nature and peer-to-peer sharing. The experience is rounded up by the 'simple living' of a Swiss mountain hut and the glorious environment around us.

> When: 27 - 29 October 2017 Where: Swiss Alps (3-hour train ride from Zürich) Cost: 300-600 Euro

## Who we are:

Launched & facilitated by **Majka Baur** experienced social entrepreneur, coach and outdoor lover with a creative twist (<u>www.alifequest.com</u>). Co-hosted & inspired by **Helene Roselstorfer**, life disruptor moving specialist with a passion for healthy and yummy food (<u>www.helenemoves.com</u>).

Learn more about this event by writing to: majka@alifequest.com